



Support St Mark's This Festive Season

St Mark's Hospital Foundation is dedicated to funding groundbreaking research at St Mark's Hospital and supporting the training and education of its medical professionals. By donating today, you'll help St Mark's continue its vital work; caring with guts for the thousands of individuals affected by complex bowel diseases.

And there's more—thanks to the generosity of our matched funders, your donation could be doubled, making an even greater impact!



The First in the Fight Against Bowel Disease

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St Mark's was founded in 1835 by the surgeon, Frederick Salmon, as the world's first hospital focused exclusively on colorectal and intestinal medicine; its research has directly impacted patient care.

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In gratitude for successful treatment, Charles Dickens donated 10 guineas and copies of his debut novel *The Pickwick Papers*, one of the earliest examples of hospital philanthropy. You can continue the tradition of giving, inspired by your own health journey or that of a loved one, by supporting us this festive season.

Beyond Cancer: John & Wendy's Story



This season, we are inspired by patient John and his wife Wendy, who completed an incredible 1,000-mile walk from Land's End to John O'Groats - a long-held retirement dream they once feared might not be possible after John's cancer diagnosis. However, following a hard-fought recovery, John and Wendy were able to embark on this journey together. After overcoming bowel cancer, undergoing the radical surgery of pelvic exenteration, and adapting to life with two stomas, John has found a renewed zest for life. Together, he and Wendy show there is hope, strength, and a full life beyond a cancer diagnosis.

Your Support Makes a Difference

Together, we are making a difference, but we must do more. Bowel disease is impacting more lives. By supporting us, you enable St Mark's to:

- Advance cutting-edge treatments, like those offered through St Mark's Surgical Robotics Research Programme, which is setting new standards in minimally invasive surgery.
- Build essential resources, such as the St Mark's Tissue Bank, a unique asset for groundbreaking studies into bowel disease.
- Expand St Mark's impact globally, by educating and training medical professionals in clinical best practice which, in turn, is helping patients to thrive beyond their diagnosis.

FUND RESEARCH ADVANCING KNOWLEDGE



Miss Sara Renshaw is a St Mark's Research Fellow whose project will support improved care for patients with IBD.



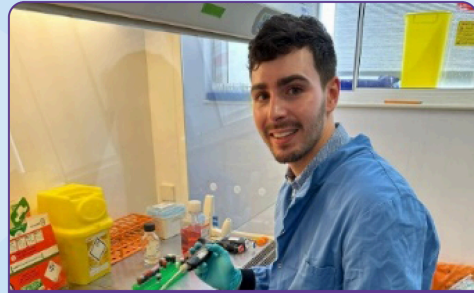
St Mark's patient, Natalie, representing the patient's voice at Frontiers.

SHARE CLINICAL BEST PRACTICE WITH THE MEDICAL COMMUNITY

INVEST IN SPECIALIST EQUIPMENT



Robin completed the Ealing Half Marathon three months after undergoing robotic surgery at St Mark's for Crohn's disease.



Luke at work in the lab; his research is focused on understanding fistula formation in perianal Crohn's disease to inform the development of better treatments.

CREATE FUTURE-PROOF RESEARCH RESOURCES

By supporting St Mark's, you continue a legacy of giving that began with the novelist Charles Dickens and that has helped to transform countless lives. This seasonal period let's gift even more patients the hope of a future where bowel disease is preventable, treatable, and ultimately curable. **Together, let's end bowel disease for good.**

Wishing you a healthy and happy 2025,
Jason Bacon, CEO
St Mark's Hospital Foundation.

Donate here to support St Mark's, who have been Caring with Guts since 1835

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