



Welcome to our September e-newsletter! In this edition, we once again shine a spotlight on how your donations are making a meaningful difference with particular focus on how leaving a gift in your will can be a lasting way to ensure the hospital can continue to improve the lives of people with complex bowel diseases. Your conditioned support is enabling the Foundation to drive innovative research, improve patient outcomes and help us achieve our vision of a future free from the fear of bowel disease. **Thank you.**

Remember a Charity Week

Each September for 'Remember a Charity Week' charities, including St Mark's Hospital Foundation, encourage our supporters to consider leaving a gift in your will to our charity and, shining a spotlight on those who have already remembered us in their will. Leaving a gift in your will to St Mark's Hospital Foundation is a lasting way to ensure that research at St Mark's is able to push the frontiers of treatment and clinicians can treat complex bowel disease more effectively by providing new treatments.

If you are interested in finding out how to leave a gift in your will, [contact the team today for more information.](#)

A heartfelt thank you to everyone who has already remembered St Mark's Hospital Foundation in their will.

Vincent



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“I was first referred to St Mark’s, and Professor Robin Phillips, in January 1992 with Familial Adenomatous Polyposis. 31 years later, and after an ileo-anal pouch, too many flexis and endoscopies to count, and finally a stoma, I am still here and very active – due to the ongoing excellence of the St Mark’s team. By leaving a legacy in my will, I can think of no better way to repay some of their expertise and support, and hope that future patients will be able to benefit from their skills.”

Vincent has left a gift in his will to St Mark's Hospital Foundation so that future patients will be able to benefit from the expertise and skills of the St Mark's teams.

Janet

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“My name is Janet Fitz-Gerald and I am a long-standing patient of St Mark’s Hospital. For 33 years, during my secretarial banking career, I was plagued with the condition, Ulcerative Colitis – not recommended! With sheer determination and a positive attitude (mostly!) I persevered with very regular visits (City Road Outpatients Department) to the wonderful specialist hospital of St Mark’s culminating in a life-saving operation at Northwick Park Hospital with the formation of my ileostomy in 1995. Having had such expert care during those early years, it is the least I can do to include in my will a legacy as my way of expressing a huge debt.”

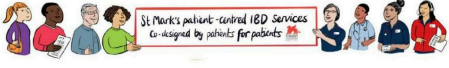


Janet has left a gift in her will to St Mark's Hospital Foundation after undergoing a life-saving operation in 1995.

Take part in research and help improve patient care

Do you have Crohn's Colitis or Ulcerative Colitis?

Would you like to help with research to improve patient care?




We are interested in finding out what is important to people with Inflammatory Bowel Disease when managing dysplasia (precancerous changes) and cancer of the bowel. This study is in two stages; this is the second stage and involves a questionnaire.

If you are:

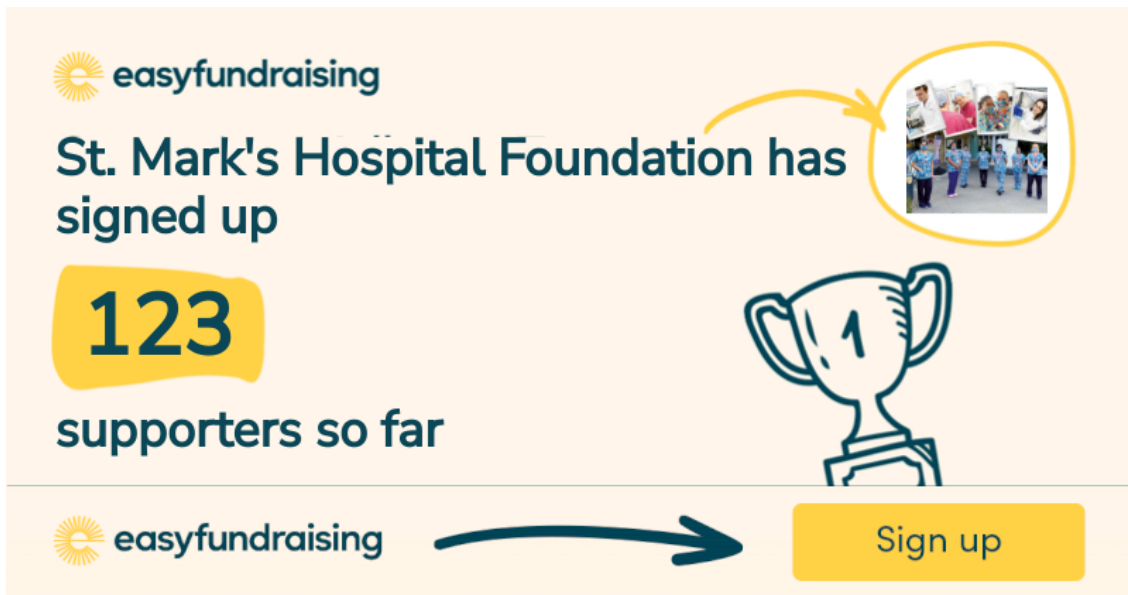
- 18 years or older
- Having regular surveillance colonoscopy for Crohn's or UC to look for precancerous changes/cancer

Then your views are very important for our study!



St Mark's Hospital and the Health Economics Research Unit are studying what matters to patients with Crohn's disease or ulcerative colitis when managing dysplasia or cancer of the bowel. Researchers want to understand how you weigh up the benefits and risks of treatments and need your insights! On behalf of our researcher we invite you to take part and help improve patient care. [Click here for more information and to take part in the survey.](#)

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St. Mark's Hospital Foundation has signed up

123

supporters so far

easyfundraising  **Sign up**

A big thank you to our amazing supporters who raise free funds for us on easyfundraising. If you're not signed up yet, [please join today and you can raise free donations for St Mark's Hospital Foundation](#) every time you shop online. All the big names like John Lewis & Partners, Expedia, Argos, Just Eat and many more are ready to make a free donation at no extra cost to you.

Your donations are instrumental in helping the Foundation facilitate and drive innovative research, improve patient outcomes and help us achieve our vision of a future free from the fear of bowel disease. **Your generosity is making a world of difference. Thank you.**

Donate here in support of St Mark's Hospital Foundation

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