



Welcome to your October e-newsletter from St Mark's Hospital Foundation!
From the **amazing fundraising champions** who went above and beyond to support us, to the success of our recent **Horizons in Intestinal Failure, Rehabilitation and Home Parenteral Nutrition course**, there's so much to celebrate!

🌟 Fundraising Champions 🌟

Jordan's Glasgow Half Marathon Success



Jordan took on the Glasgow Half Marathon, raising nearly £1,000 for St Mark's Hospital Foundation! His motivation? Supporting research into the condition familial polyposis, which affects his girlfriend, Hollie. After undergoing a total colectomy at just 19, Hollie continues to attend regular check-ups to monitor her condition. Jordan hopes his fundraising will help advance less invasive treatments. A huge thank you to Jordan and everyone who donated in support.

Nick's Royal Parks Half Marathon



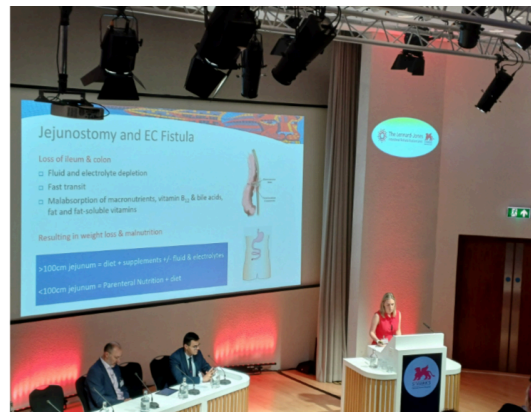
Nick completed the Royal Parks Half Marathon in an impressive 1 hour 44 minutes in support of St Mark's Hospital Foundation. His motivation stems from his personal experiences with bowel issues, starting his journey with St Mark's in 2011. Nick praises the hospital's role in diagnosing and treating bowel conditions, highlighting the importance of supporting the Foundation's research. Thank you, Nick, for your dedication and incredible fundraising efforts donating £800.

40tude: 4 Peaks in 4 Days



Shout out to the incredible 40tude team who completed the Tom Smith Ginza Ridge Challenge covering 4 peaks in 4 days, all in support of the Tom Smith Screening Fund. So far, the team have raised an absolutely astounding £71,000 of their £100,000 target.

Horizons in Intestinal Failure, Rehabilitation and Home Parenteral Nutrition



A huge thank you to everyone who made the Horizons in Intestinal Failure, Rehabilitation and Home Parenteral Nutrition course such a fantastic success. A special shout-out to the brilliant St Mark's staff who presented, sharing their invaluable expertise and, the incredible team at the St Mark's Academic Institute for their hard work behind the scenes.

£1 has the impact of £4 when you donate to St Mark's Hospital Foundation



Between 2018 and 2023, on average, the Foundation converted a £1 unrestricted donation into £4 for bowel disease research. This multiplier effect means that your donations are enabling us to drive innovative research, improve patient outcomes and help us achieve **our vision of a future free from the fear of bowel disease. Thank you.**

Donate here in support of St Mark's Hospital Foundation

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Our mailing address is:

St Mark's Hospital Foundation, St Mark's at Central Middlesex, Acton Lane, London, NW10 7NS

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